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ROSATI-KAIN STUDENT LYDIA ELY RECOGNIZED BY PREPVOLLEYBALL.COM List acknowledges exceptional freshman starters

St. Louis – Prep Volleyball.com has selected Rosati-Kain freshman Lydia Ely as part of the Frosh 59, its list of the nation's most outstanding varsity-playing volleyball freshmen.

Lydia, a 6'4" middle blocker, led Rosati to a district title as a freshman while setting team standards in kills (253) and blocks (45) and finishing second in aces (40). She was First Team All Conference, the only freshman so recognized, and First Team All District.

The list of distinguished players includes high school students who play at the varsity level. To be eligible for the list, players must varsity starter as a freshman and one of the top talents in the area.

About PrepVolleyball.com:

PrepVolleyball.com is the nation's top online community for junior volleyball. Its rankings, for both High School and Club Teams, are the most widely accepted throughout the nation in all major media outlets. Members gain access to feature articles, team rankings, recruiting tips and message boards.

About Rosati-Kain High School:

Rosati-Kain is a Catholic, Archdiocesan college preparatory school for young women who want to be challenged to become their best selves in an ever-changing world. The school, which is currently in its ninety-seventh year, is located in the Central West End on Lindell Blvd.

For more information about Rosati-Kain High School, please visit www.rosati-kain.org, or call 314/533-8513

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