



Kougar Cub News

an online newsletter for Future Kougars and their parents

Who's Making the News at R-K?

(for full story, click on text)

3/21: R-K senior featured on cover of St. Louis Magazine

4/2: R-K hosts 23rd annual 7th Grade Math Contest

3/22: R-K junior receives science award from UMSL

4/12: R-K senior receives the Archbishop May Service Award

3/31: R-K sophomore chosen for Missouri Scholars Academy

4/12: R-K sophomore places 3rd in Archdiocesan essay contest

Charism Day: Virtue with Leadership



Sophomores Chelcie, Alison, and Niambi enjoy lunch on the lawn for Charism Day.

Last week R-K students, faculty, and staff celebrated Charism Day! R-K's different charisms represent the two orders of nuns who founded R-K. This year's charism focus was virtue. The day also focused on aspects of leadership.

There were several events planned for students such as guest speakers, leadership exercises, mass at the Cathedral, lunch on the lawn, and remote control car races! Speakers were U.S.

Women's Chess Champion Anna Zatonskih, Father Gary Meier who is the Pastor of Saints Teresa and Bridget and who is also the founder of Angel Baked Cookies, and Rosati-Kain Principal Mrs. Judy Mohan.

Father Meier talked to the girls about the importance of leadership in their lives today and how important it will be later.

Each girl received a colored t-shirt to represent her leadership style. Several games were based around their different characteristics. The most exciting part of the day was the remote control car races. Mrs. Cannon's classroom took home the title!

Congrats Advisory 22!

Kougar Athletics

The R-K Track and Field team is just past the halfway point in their season and going strong. Conference meets begin in May!

The Varsity Soccer team is having a great season so far! With a winning record the team hopes their skills will take them far through conference. For free tickets to upcoming home games, please



Attention 7th Graders- Sign up for your shadow visit today!

There are less than two weeks left to schedule 7th grade visits. Spend a day shadowing an R-K girl to find out just what R-K is all about! Visits for 7th graders are happening now and end April 29. To schedule a visit, call

(314) 533-8513 or



Rosati-Kain High School is a Catholic, Archdiocesan college preparatory school for young women who want to be challenged to become their best selves in an ever-changing world. The school, which is currently celebrating its ninety-ninth year, is located in the Central West End on Lindell Blvd.

Want to know what's going on daily at R-K? Check out our blog and follow us on Facebook and Twitter!

